


January 2024

AIA Pre-K Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p>  <p>Winter Break</p>	<p>2</p>  <p>Winter Break</p>	<p>3</p>  <p>Winter Break</p>	<p>4</p>  <p>Winter Break</p>	<p>5</p>  <p>Winter Break</p>
<p>8</p> <p>Breakfast 1 oz. WG Cornflakes, 1/2 c. Applesauce & 8 oz. Milk</p> <p>Lunch (3) WG Chicken Tenders, 1/4 c. Sweet Potato Wedges, 1/4 c. Fresh Apple, BBQ Sauce & 8 oz. Milk</p> <p>Snack 1 oz. WG Cheez Its & 1/2 c. Mixed Fruit</p>	<p>9</p> <p>Breakfast 1 oz. WG Bagel w/ Jelly, 1/2 c. Diced Pineapples & 8 oz. Milk</p> <p>Lunch Mexican Taco w/ 1 oz. Beef & 1 oz. Cheese, 1/4 c. Fresh Seasonal Fruit, 1/4 c. Black Beans & Corn, 1 oz. WG Tortilla & 8 oz. Milk</p> <p>Snack 1 oz. WG Grahams & 1/2 c. Diced Pineapples</p>	<p>10</p> <p>Breakfast 1 oz. WG Breakfast Bar, 1/2 c. Diced Pears & 8 oz. Milk</p> <p>Lunch 4 oz. WG Grilled Cheese Sandwich, 1/4 c. Potato Wedges, 1/4 c. Fresh Orange, Ketchup & 8 oz. Milk</p> <p>Snack 1 oz. Wheat Crackers & 1/2 c. Cucumbers w/ Italian Dressing</p>	<p>11</p> <p>Breakfast 1 oz. WG Animal Crackers, 1/2 c. Diced Peaches & 8 oz. Milk</p> <p>Lunch Mac & Cheese Bowl w/ 2 oz. Popcorn Chicken & 2 oz. WG Mac & Cheese, 1/4 c. Broccoli, 1/4 c. Banana & 8 oz. Milk</p> <p>Snack 1/2 c. Fresh Apples & 1 oz. WG Grahams</p>	<p>12</p> <p>Breakfast 1 oz. WG Cheerios, 1/2 c. Mandarin Oranges & 8 oz. Milk</p> <p>Lunch 4 oz. WG Pepperoni Pizza, 1/4 c. Fresh Seasonal Fruit, 1/4 c. Fresh Cucumbers w/ Ranch & 8 oz. Milk</p> <p>Snack 1 oz. String Cheese & 1/2 c. Celery w/ Ranch</p>
<p>15</p> 	<p>16</p> <p>Breakfast 1 oz. WG Blueberry Muffin, 1/2 c. Applesauce & 8 oz. Milk</p> <p>Lunch 4 oz. Mexican Beef & Cheese Burrito on WG Tortilla, 1/4 c. Refried Beans, 1/4 c. Fresh Seasonal Fruit, Salsa & 8 oz. Milk</p> <p>Snack 2 oz. Vanilla Yogurt & 1/2 c. Diced Pineapples</p>	<p>17</p> <p>Breakfast 1 oz. WG Rice Krispies, 1/2 c. Diced Pineapples & 8 oz. Milk</p> <p>Lunch Mashed Potato Bowl w/ 2 oz. Popcorn Chicken & Cheese, 1/4 c. Corn & Mashed Potatoes, 1 oz. WG Dinner Roll, 1/4 c. Fresh Orange & 8 oz. Milk</p> <p>Snack 1 oz. WG Goldfish & 1/2 c. Apples</p>	<p>18</p> <p>Breakfast 1 oz. WG Animal Crackers, 1/2 c. Diced Peaches & 8 oz. Milk</p> <p>Lunch 2 oz. Chicken Tetrazzini w/ 1 oz. WG Spaghetti Noodles, 1/4 c. Mixed Veggies, 1/4 c. Banana & 8 oz. Milk</p> <p>Snack 2 oz. Cottage Cheese & 1/2 c. Diced Peaches</p>	<p>19</p> <p>Breakfast 1 oz. WG Cereal, 1/2 c. Diced Peaches & 8 oz. Milk</p> <p>Lunch 4 oz. Pepperoni Pizza w/ WG Crust, 1/4 c. Fresh Garden Salad, 1/4 c. Fresh Seasonal Fruit, Ranch Dressing & 8 oz. Milk</p> <p>Snack 1 oz. WG Animal Crackers & 1/2 c. Fresh Apple</p>
<p>22</p> <p>Breakfast 1 oz. UBR Breakfast Round, 1/2 c. Mandarin Oranges & 8 oz. Milk</p> <p>Lunch 2 oz. WG Chicken Patty Sandwich on 2 oz. WG Bun, 1/4 c. Fresh Apple, 1/4 c. Sweet Potato Tots, Mayo, Ketchup & 8 oz. Milk</p> <p>Snack 1 oz. WG Cheez Its & 1/2 c. Mixed Fruit</p>	<p>23</p> <p>Breakfast 1 oz. WG Cornflakes, 1/2 c. Mixed Fruit & 8 oz. Milk</p> <p>Lunch Nachos w/ 2 oz. Beef & Cheese, 1 oz. WG Corn Chips, 1/4 c. Black Bean Salsa, 1/4 c. Fresh Seasonal Fruit, Salsa & 8 oz. Milk</p> <p>Snack 1 oz. WG Grahams & 1/2 c. Diced Pineapples</p>	<p>24</p> <p>Breakfast 1 oz. WG Graham Crackers, 1/2 c. Applesauce & 8 oz. Milk</p> <p>Lunch (2) Turkey Sausage Links, WG French Toast, 1/4 c. Hashbrowns w/ Cheese, 1/4 c. Fresh Orange, Syrup & 8 oz. Milk</p> <p>Snack 1 oz. Wheat Crackers & 1/2 c. Cucumbers w/ Italian Dressing</p>	<p>25</p> <p>Breakfast 1 oz. WG Biscuit w/ Butter, 1/4 c. Diced Pineapples & 8 oz. Milk</p> <p>Lunch Italian Mostaccioli w/ 2 oz. Beef & Cheese & 1 oz. WG Penne Noodles, 1/4 c. Green Beans, 1/4 c. Banana & 8 oz. Milk</p> <p>Snack 1/2 c. Fresh Apples & 1 oz. WG Grahams</p>	<p>26</p> <p>Breakfast 1 oz. WG Rice Chex, 1/2 c. Diced Pears & 8 oz. Milk</p> <p>Lunch 4 oz. Pepperoni Pizza w/ WG Crust, 1/4 c. Fresh Baby Carrots w/ Ranch, 1/4 c. Fresh Seasonal Fruit & 8 oz. Milk</p> <p>Snack 1 oz. String Cheese & 1/2 c. Celery w/ Ranch</p>
<p>29</p> <p>Breakfast 1 oz. WG Animal Crackers, 1/2 c. Diced Peaches & 8 oz. Milk</p> <p>Lunch 2 oz. Sloppy Joe, 2 oz. WG Bun, 1/4 c. Sweet Potato Wedges, 1/4 c. Fresh Apple & 8 oz. Milk</p> <p>Snack 1 oz. WG Graham Crackers & 1/2 c. Applesauce</p>	<p>30</p> <p>Breakfast 1 oz. WG Bagel w/ Jelly, 1/2 c. Mandarin Oranges & 8 oz. Milk</p> <p>Lunch Mexican Taco w/ 1 oz. Beef & 1 oz. Cheese, 1/4 c. Fresh Seasonal Fruit, 1/4 c. Black Beans & Corn, 1 oz. WG Tortilla & 8 oz. Milk</p> <p>Snack 2 oz. Vanilla Yogurt & 1/2 c. Diced Pineapples</p>	<p>31</p> <p>Breakfast 1 oz. WG Cornflakes, 1/2 c. Mixed Fruit & 8 oz. Milk</p> <p>Lunch 2 oz. Pulled BBQ Chicken Sandwich on 2 oz. WG Bun, 1/4 c. Tater Tots, 1/4 c. Fresh Orange & 8 oz. Milk</p> <p>Snack 1 oz. WG Goldfish & 1/2 c. Apples</p>	<p>This institution is an equal opportunity provider. *Menu items are subject to change based on availability.* Choice of Milk: FF Chocolate, FF White or 1% White</p>	