







# January 2024

## AIA K-8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p>  <p>Winter Break</p>	<p>2</p>  <p>Winter Break</p>	<p>3</p>  <p>Winter Break</p>	<p>4</p>  <p>Winter Break</p>	<p>5</p>  <p>Winter Break</p>
<p>8</p> <p><b>Tony's Pizza</b> 2 oz. Cheese Pizza 2 oz. WG Crust</p> <p><b>SIDES</b> 3/4 c. Vegetable Juice Blend 1/2 c. Fresh Apple</p>	<p>9</p> <p><b>Mexican Beef Burrito</b> 2 oz. Beef/Bean &amp; 1 oz. Cheese 2 oz. WG Tortilla</p> <p><b>SIDES</b> 3/4 c. Corn on the Cob 1/2 c. Fresh Seasonal Fruit</p> <p>Taco Sauce</p>	<p>10</p> <p><b>Beef Hot Dog</b> 2 oz. Beef Hot Dog 2 oz. WW Hot Dog Bun</p> <p><b>SIDES</b> 3/4 c. Potato Wedges 1/2 c. Fresh Orange</p> <p>Ketchup</p>	<p>11</p> <p><b>Mac &amp; Cheese Bowl</b> 2 oz. WG Popcorn Chicken 1 c. WG Macaroni &amp; Cheese</p> <p><b>SIDES</b> 3/4 c. Broccoli 1/2 c. Fresh Banana</p>	<p>12</p> <p><b>Pizza</b> 2 oz. Pepperoni &amp; Cheese 2 oz. WG Crust</p> <p><b>SIDES</b> 3/4 c. Fresh Cucumbers 1/2 c. Fresh Seasonal Fruit</p> <p>Ranch</p>
<p>15</p>  <p><b>MARTIN LUTHER KING DAY</b></p>	<p>16</p> <p><b>Mexican Beef Tacos</b> 3 oz. Seasoned Beef 1 oz. Shredded Cheddar (2) WG Tortillas</p> <p><b>SIDES</b> 3/4 c. Black Beans &amp; Corn 1/2 c. Fresh Seasonal Fruit</p>	<p>17</p> <p><b>Mashed Potato Bowl</b> 2 oz. WG Popcorn Chicken 1 oz. Shredded Cheddar 1/2 c. Mashed Potatoes 1/4 c. Corn</p> <p><b>SIDES</b> 1.1 oz. WG Dinner Roll 1/2 c. Fresh Orange</p>	<p>18</p> <p><b>Deli Sub</b> 2 oz. Ham, Turkey &amp; Cheese 2 oz. WW Sub Bun 1/2 c. Veggie Pasta Salad</p> <p><b>SIDES</b> 1/2 c. Baby Carrots 1/2 c. Fresh Banana</p> <p>Mustard Mayo</p>	<p>19</p> <p><b>Pizza</b> 2 oz. Pepperoni &amp; Cheese 2 oz. WG Crust</p> <p><b>SIDES</b> 1 1/2 c. Garden Salad w/ Ranch 1/2 c. Fresh Seasonal Fruit</p> <p>Italian Dressing</p>
<p>22</p> <p><b>Chicken Patty Sandwich</b> 3.29 oz. Crispy Chicken Patty 2 oz. WG Bun</p> <p><b>SIDES</b> 3/4 c. Sweet Potato Tots 1/2 c. Fresh Apple</p> <p>Mayo Ketchup</p>	<p>23</p> <p><b>Mexican Beef Nachos</b> 2 oz. Beef/Bean &amp; 1 oz. Cheese 2 oz. WG Corn Chips</p> <p><b>SIDES</b> 3/4 c. Black Bean Salsa 1/2 c. Fresh Seasonal Fruit</p>	<p>24</p> <p><b>French Toast Brunch</b> (2) Turkey Sausage Links (2) WG French Toast</p> <p><b>SIDES</b> 3/4 c. Hashbrowns w/ Cheese 1/2 c. Fresh Orange</p> <p>Syrup</p>	<p>25</p> <p><b>Beef Mostaccioli</b> 2 oz. Ground Beef 1 oz. Mozzarella Cheese 1 c. WG Penne Noodles 1/4 c. Spaghetti Sauce</p> <p><b>SIDES</b> 3/4 c. Green Beans 1/2 c. Fresh Banana</p>	<p>26</p> <p><b>Pizza</b> 2 oz. Pepperoni &amp; Cheese 2 oz. WG Crust</p> <p><b>SIDES</b> 3/4 c. Baby Carrots 1/2 c. Fresh Seasonal Fruit</p> <p>Ranch</p>
<p>29</p> <p><b>Beef Sloppy Joe</b> 2 oz. Ground Beef 2 oz. WG Bun</p> <p><b>SIDES</b> 3/4 c. Sweet Potato Wedges 1/2 c. Fresh Apple</p> <p>Ketchup</p>	<p>30</p> <p><b>Mexican Beef Tacos</b> 3 oz. Seasoned Beef 1 oz. Shredded Cheddar (2) WG Tortillas</p> <p><b>SIDES</b> 3/4 c. Black Beans &amp; Corn 1/2 c. Fresh Seasonal Fruit</p> <p>Taco Sauce</p>	<p>31</p> <p><b>Pulled BBQ Chicken Sandwich</b> 2.8 oz. BBQ Chicken 2.05 oz. WG Sub Bun</p> <p><b>SIDES</b> 3/4 c. Tater Tots 1/2 c. Fresh Orange</p> <p>Ketchup</p>	<p><b>This institution is an equal opportunity provider.</b> *Menu items are subject to change based on availability.* <b>Choice of Milk:</b> FF Chocolate, FF White or 1% White</p>	

### ALTERNATIVE OPTIONS

#### MONDAY

##### ALT - Vegetarian Lasagna (VG)

6 oz. Cheese Lasagna w/ WG Noodles & 3/4 c. Glazed Carrots

##### SALAD - Chicken Pasta Salad

2.8 oz. Grilled Chicken, 1 c. WG Pasta, 3/4 c. Carrots, Broccoli, Peppers, Italian Dressing

#### TUESDAY

##### ALT - Bean & Cheese Burrito (VG)

4 oz. Bean & Cheese Burrito on WG Tortilla, 3/4 c. Mexican Corn, Salsa

##### SALAD - Southwest Salad

2 oz. Taco Beef, 1 oz. Cheddar Cheese, 1.5 c. Romaine, 1/4 c. Black Beans, 2 oz. WG Corn Chips, Taco Sauce

#### WEDNESDAY

##### ALT - WG Grilled Cheese Sandwich (VG)

4 oz. WG Grilled Cheese on WW Bread, 3/4 c. Tater Tots, Ketchup

##### SALAD - Chef Salad

2.8 oz. Turkey, 1 oz. Cheese, 1.5 c. Romaine, 1/4 c. Cucumber, 2 oz. WG Croutons, Ranch

#### THURSDAY

##### Cheese Pizza (VG)

4 oz. WG Cheese Pizza w/ WG Crust, 3/4 c. Broccoli

##### Crispy Chicken Salad

3.39 oz. WG Crispy Chicken, 1 oz. Cheddar Cheese, 1.5 c. Romaine, 1/4 c. Tomato, 2 oz. WG Croutons, Ranch

\*All meals are served with the "fruit of the day" & your choice of milk. FF Chocolate, FF Unflavored & 1% Unflavored milk is available\*