

# May 2025

## AIA Pre-K Menu

| Monday                                                                                                                                                                                                                                                                                                                                            | Tuesday                                                                                                                                                                                                                                                                                                                                                | Wednesday                                                                                                                                                                                                                                                                                             | Thursday                                                                                                                                                                                                                                                                                                                                                               | Friday                                                                                                                                                                                                                                                                                                                                             |
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| <p><b>This institution is an equal opportunity provider.</b></p> <p><b>*Menu items are subject to change based on availability.*</b></p> <p><b>Choice of Milk:</b> 1% Chocolate, 1% White or Lactose</p>                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                    |
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| <p><b>5 Breakfast</b><br/>2 oz. WG Cornflakes, 1/2 c. Mandarin Oranges &amp; Milk</p> <p><b>Lunch</b><br/>Beef Hamburger: 2.5 oz. Beef Patty, 2 oz. WW Bun, 1/4 c. Sweet Potato Fries, 1/4 c. Fresh Red Apple &amp; 8 oz. Milk</p> <p><b>Snack</b><br/>1 oz. Cereal Trail Mix &amp; 1/2 c. Vegetable Juice</p>                                    | <p><b>6 Breakfast</b><br/>1 oz. WG Biscuit, 1 oz. Turkey Sausage, 1/2 c. Diced Peaches, 8 oz. Milk &amp; Jelly</p> <p><b>Lunch</b><br/>Chicken Fajitas w/ 2 oz Chicken, 1 oz Cheese, 1 oz WG Tortilla, 1/4 c. Pinto Beans, 1/4 c. Fresh Orange &amp; 8 oz Milk</p> <p><b>Snack</b><br/>1 oz. Wheat Crackers &amp; 2 oz. Cheese Cubes</p>               | <p><b>7 Breakfast</b><br/>1 oz. WG Graham Crackers, 1/2 c. Applesauce &amp; 8 oz. Milk</p> <p><b>Lunch</b><br/>2 oz. BBQ Pulled Chicken Sandwich &amp; 2 oz. WW Bun, 1/2 c. Tater Tots, 1/4 c. Banana, Ketchup</p> <p><b>Snack</b><br/>2 oz. Cottage Cheese &amp; 1/2 c. Diced Peaches</p>            | <p><b>1 Breakfast</b><br/>2 oz. WG Waffles, 1/2 c. Diced Pears, 8 oz. Milk &amp; Syrup</p> <p><b>Lunch</b><br/>Italian Mostaccioli w/ 2 oz. Beef &amp; Cheese, 2 oz. WG Penne, 1/2 c. Green Beans, 1/4 c. Fresh Green Apple &amp; Milk</p> <p><b>Snack</b><br/>1 oz. WG Goldfish Graham Crackers &amp; 1/2 c. Vanilla Yogurt</p>                                       | <p><b>2 Breakfast</b><br/>1 oz. WG Breakfast Bar, 1/2 c. Diced Peaches &amp; 8 oz. Milk</p> <p><b>Lunch</b><br/>4 oz. WG Pepperoni Pizza Pocket, 1/2 c. Fresh Side Salad, 1/4 c. Mandarin Oranges, Ranch Dressing &amp; 8 oz. Milk</p> <p><b>Snack</b><br/>1 oz. WG Cheese Goldfish &amp; 1/2 c. Applesauce</p>                                    |
| <p><b>12 Breakfast</b><br/>1 oz. WG Biscuit, 1 oz. Turkey Sausage, 1/2 c. Diced Peaches, 8 oz. Milk &amp; Jelly</p> <p><b>Lunch</b><br/>3 oz Sloppy Joe Sandwich on 2 oz. WW Bun, 1/4 c. Sweet Potato Tots, 1/4 c. Fresh Red Apple, 8 oz. Milk, Ketchup</p> <p><b>Snack</b><br/>1 oz. WG Goldfish Graham Crackers &amp; 1/2 c. Vanilla Yogurt</p> | <p><b>13 Breakfast</b><br/>2 oz. WG Breakfast Bar, 1/2 c. Mandarin Oranges, &amp; 8 oz. Milk</p> <p><b>Lunch</b><br/>Mexican Nacho w/ 1 oz. Beef &amp; 1 oz. Cheese, 1/4 c. Fresh Orange, 1/4 c. Black Beans, 1 oz. WG Corn Chips &amp; 8 oz. Milk</p> <p><b>Snack</b><br/>1 oz. String Cheese &amp; 1/2 c. Fresh Cucumbers</p>                        | <p><b>14 Breakfast</b><br/>2 oz. Cheerios Cereal, 1/2 c. Mixed Fruit &amp; Milk</p> <p><b>Lunch</b><br/>(4) WG Chicken Nuggets, 1/2 c. Potato Wedges, 1/4 c. Fresh Orange, BBQ Sauce &amp; 8 oz. Milk</p> <p><b>Snack</b><br/>1 oz. WG Cheez Its &amp; 1/2 c. 100% Vegetable Juice</p>                | <p><b>15 Breakfast</b><br/>2 oz. WG French Toast, 1/2 c. Applesauce, 8 oz. Milk &amp; Syrup</p> <p><b>Lunch</b><br/>Spaghetti w/ 2 oz. Ground Beef &amp; Cheese &amp; 1 oz. WG Spaghetti Noodles, 1/4 c. Fresh Yellow Apple, 1/4 c. Broccoli &amp; 8 oz. Milk</p> <p><b>Snack</b><br/>Ants on a Log: 1/4 c. Celery Sticks, 1 oz. Cream Cheese &amp; 1/4 c. Raisins</p> | <p><b>16 Breakfast</b><br/>2 oz. WG Rice Chex Cereal, 1/2 c. Diced Pineapples &amp; 8 oz. Milk</p> <p><b>Lunch</b><br/>4 oz. WG Pepperoni Pizza Pocket, 1/4 c. Mandarin Oranges, 1/2 c. Side Salad w/ Ranch &amp; 8 oz. Milk</p> <p><b>Snack</b><br/>1 oz. WG Cheese Goldfish &amp; 1/2 c. Applesauce</p>                                          |
| <p><b>19 Breakfast</b><br/>2 oz. WG Breakfast Bar, 1/2 c. Pears &amp; Milk</p> <p><b>Lunch</b><br/>3- Chicken Tenders, 1/4 c. Sweet Potato Fries, 1/4 c. Fresh Red Apple, Ketchup, BBQ Sauce &amp; 8 oz. Milk</p> <p><b>Snack</b><br/>2 oz. Vanilla Yogurt &amp; 1/2 c. WG Grams</p>                                                              | <p><b>20 Breakfast</b><br/>1 oz. WG Biscuit, 1 oz. Turkey Sausage, 1/2 c. Diced Peaches, 8 oz. Milk &amp; Jelly</p> <p><b>Lunch</b><br/>Beef Taco w/ 1 oz. Beef &amp; 1 oz. Cheese, 1 oz. WG Tortilla, 1/4 c. Pinto Beans, 1/4 c. Fresh Orange, 8 oz. Milk, Taco Sauce</p> <p><b>Snack</b><br/>1 oz. Cereal Trail Mix &amp; 1/2 c. Vegetable Juice</p> | <p><b>21 Breakfast</b><br/>2 oz. WG Cornflakes, 1/2 c. Mandarin Oranges &amp; Milk</p> <p><b>Lunch</b><br/>Turkey Sandwich 1 oz. Turkey, 1 oz. Cheese, 2 oz. Sub Bun, 1/4 c. Tater Tots, 1/4 c. Fresh Banana, Ketchup, Mayo</p> <p><b>Snack</b><br/>1 oz. Wheat Crackers &amp; 2 oz. Cheese Cubes</p> | <p><b>22 Breakfast</b><br/>2 oz. WG Cream Cheese filled Bagel, 1/2 c. Mixed Fruit &amp; 8 oz. Milk</p> <p><b>Lunch</b><br/>2 oz. Chicken Breast, 2 oz. WG Corn Muffin, 1/4 c. Fresh Yellow Apple, 1/4 c. Green Beans &amp; 8 oz. Milk</p> <p><b>Snack</b><br/>2 oz. Cottage Cheese &amp; 1/2 c. Diced Peaches</p>                                                      | <p><b>23 Breakfast</b><br/>2 oz. UBR Breakfast Round, 1/2 c. Applesauce &amp; 8 oz. Milk</p> <p><b>Lunch</b><br/>4 oz. WG Pepperoni Pizza Pocket, 1/4 c. Fresh Cucumbers w/ Ranch, 1/4 c. Fresh Seasonal Fruit &amp; 8 oz. Milk</p> <p><b>Snack</b><br/>1/2 c. Fresh Apples &amp; 1 oz. String Cheese</p>                                          |
| <p><b>26 Breakfast</b><br/>2 oz. WG Rice Chex Cereal, 1/2 c. Diced Pineapples &amp; 8 oz. Milk</p> <p><b>Lunch</b><br/>2 oz. Cheeseburger on 2 oz. WG Bun, 1/4 c. Fresh Red Apple, 1/4 c. Potato Wedges, Ketchup &amp; 8 oz. Milk</p> <p><b>Snack</b><br/>1 oz. WG Cheez Its &amp; 1/2 c. 100% Vegetable Juice</p>                                | <p><b>27 Breakfast</b><br/>2 oz. WG French Toast 1/2 c. Diced Pears, 8 oz. Milk &amp; Syrup</p> <p><b>Lunch</b><br/>Chicken Fajitas w/ 2 oz Chicken, 1 oz Cheese, 1 oz WG Tortilla, 1/4 c. Pinto Beans, 1/4 c. Fresh Orange &amp; 8 oz Milk</p> <p><b>Snack</b><br/>1 oz. WG Goldfish Graham Crackers &amp; 1/2 c. Vanilla Yogurt</p>                  | <p><b>28 Breakfast</b><br/>2 oz. WG Breakfast Bar, 1/2 c. Diced Peaches &amp; 8 oz. Milk</p> <p><b>Lunch</b><br/>4 oz. WW Grilled Cheese, 1/4 c. Sweet Potato Wedges, 1/4 c. Fresh Banana, Ketchup &amp; 8 oz. Milk</p> <p><b>Snack</b><br/>1 oz. String Cheese &amp; 1/2 c. Fresh Cucumbers</p>      | <p><b>29 Breakfast</b><br/>1 oz. WG Biscuit, 1 oz. Turkey Sausage, 1/2 c. Diced Peaches, 8 oz. Milk &amp; Jelly</p> <p><b>Lunch</b><br/>Chicken Alfredo w/ 2 oz. Chicken, 1 oz. Cheese &amp; 1 oz. WG Pasta, 1/4 c. Fresh Green Apple, 1/4 c. Broccoli, &amp; 8 oz. Milk</p> <p><b>Snack</b><br/>1 oz. WG Cheese Goldfish &amp; 1/2 c. Applesauce</p>                  | <p><b>30 Breakfast</b><br/>1 oz. WG Apple Cinnamon Muffin, 1/2 c. Mixed Fruit &amp; 8 oz. Milk</p> <p><b>Lunch</b><br/>4 oz. WG Pepperoni Pizza Pocket, 1/2 c. Fresh Side Salad, 1/4 c. Mandarin Oranges, Ranch Dressing &amp; 8 oz. Milk</p> <p><b>Snack</b><br/>Ants on a Log: 1/4 c. Celery Sticks, 1 oz. Cream Cheese &amp; 1/4 c. Raisins</p> |